



Dear Parents

**Year Five Residential**  
**Camp Kernow, Malpas, Truro**  
**Tuesday 3rd – Tuesday 5th June 2025**

We are delighted to share with you our plans for the very exciting three-day residential experience at Camp Kernow in June. Please find below details of our stay at the centre and a kit list of items necessary for the children to bring with them.

**Cost**

The cost for this residential will be **£230**, with a **final payment date of 6th May 2025**.

**Day One – school sweatshirts to be worn**

This three day experience will start on Tuesday 3rd June, when the children will need to arrive at school at 8.45 am as usual, for a 9.15am departure. The children will need to have with them:

- A daypack containing their packed lunch and water, which should not be packed into a lunch box. No canned drinks or glass bottles please, preferably a litre plastic bottle filled with water. Also in their day pack, sunscreen and waterproofs. This should be separate from their main baggage and should not be in the luggage hold of the coach as it will get loaded up for delivery to camp and will not be accessible until much later in the morning.
- We advise that children wear walking boots for the walk up to camp as, even if it has been dry weather, there can be a heavy dew on the grass and trainers will get soaked through.
- If it is raining or the forecast is rain, please ensure children are wearing their waterproofs when they board the coach.

**Daypacks MUST be of the two padded strap variety which will allow the children to carry all they need for a day out in comfort. It is essential that they have both hands free and must not be carrying a bag.**

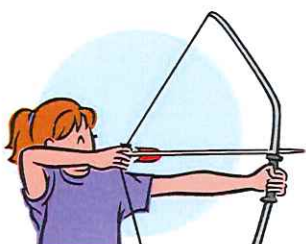
**Venue and Accommodation**

Set in acres of countryside and farmland and close to our beautiful city of Truro, Camp Kernow is situated close to Malpas and is completely off the beaten track and totally private. It is an (almost) completely self-sufficient community with its own water bore hole and energy and waste system. It will be a unique experience for the children to learn about renewable energies and their lives in the future looking after the environment.

The accommodation is in different types of tented living spaces from different cultures around the world, ranging from a yurt to an upturned, revamped Cornish fishing boat – this really is a camping experience!

Staff members will sleep in a separate tent and therefore have direct supervision of all the children through the day and night. All adults will have mobile phone contact with one another and with school at all times.

We would like to assure all parents once again of the safety aspects of this residential. **Safety** is a **priority** and all risk assessments have been carried out and control measures put in place. All the activities will be carried out by qualified instructors, with St Breock members of staff assisting.



## **Programme**

Camp Kernow adds new activities to their offering every year, so the itinerary may change nearer to the time to take advantage of these. Activities may include natural dyeing, fire lighting and campfire cooking, archery, climbing and wild food foraging.

We will leave the centre at approximately 2.00 pm on Thursday 5th June, arriving back at school for approximately 3.00pm

**Children should not bring money or mobile phones with them on the trip.**

## **Health and Medication**

Should your child need to take regular medication during our visit there is no problem with this. Please bring your child's medication to school on the morning of the departure.

The medication must:

- be labelled clearly with your child's name and dosage.
- be in a suitable container.
- be given to Mrs Dennis.
- NOT be packed in luggage or daypack. (The exception to this would be asthma inhalers)

A log will be kept of any medicine administered during the residential. If there is any medical information, it would be useful for us to know before the trip so please make sure you include it on the trip information on ParentPay. Thank you.

## **Staff**

**Group Leader:** Mrs Dennis  
**Deputy Leader:** Mrs Hall  
**First Aider/Medication:** Mrs Dennis

## **Travel**

The children will be travelling by coach. If your child suffers with travel sickness, please bring this to the attention of Mrs Dennis who will be collecting all medication. Please ensure your child has taken appropriate precautions on the morning of the trip and that, should you wish them to have medication on the journey home, this is put in an envelope which is clearly marked with your child's name and the correct dosage.

## **Food**

Good comforting food is provided by Camp Kernow and the local farm shop who supply organic produce. Please inform Mrs Dennis of any special dietary requirements. The menu will be healthy, but will also contain lots of treats, and why not!

## **Emergencies**

In the event of an emergency either on residential or at home, the contact point will be school. You will not be able to contact us directly, but we will be able to always contact you. We are delighted to say that emergency contact has not been needed and we are committed to ensuring that this will continue to be the case.

All members of staff will have mobile phones and the school will be able to contact us throughout the week. In the unlikely event that a child must return home from residential early for reasons such as ill health, we will contact you and arrange the most effective and safe way to get your child home with you. This may need you to come and collect them. You should be prepared for this.

## **Risk assessments**

All the necessary risk assessments have been carried out and the necessary control measures put in place. Every possible care has been and will be taken to ensure that safety comes first and everything else after that.

Should you have anything you wish to discuss regarding any aspect of this visit, please come and see me. Thank you.

Yours sincerely



Mrs Dennis  
Residential Leader



## CAMP KERNOW RESIDENTIAL – June 2025

### EQUIPMENT LIST

It is imperative luggage is kept to a minimum. Many of our activities during this residential will be out of doors and your child could get dirty or wet so a complete change of clothing is essential. We cannot guarantee good weather therefore we must be prepared for all types of weather. We may be working outside in windy conditions so please bring clothing to cope with the wet and the cold. Remember two thinner layers can be warmer than one thick layer. We may also be working outside in hot dry conditions and so adequate protection from the sun is essential. Tops with long sleeves and trousers are ideal, as we are camping and exploring woodlands.

For your benefit and our sanity, it would be appreciated if all items are **clearly labelled** with your child's name. **Please do not pack for your child – pack with them.** A piece of good advice is to put each group of items in different plastic carrier bags and write on them what is in each bag. This will help the children no end especially as they will have packed the bags **themselves**. They will soon recognise which bag contains which item of clothing. Please remember to include a couple of spare plastic bags for dirty and wet clothes. Thank you.

Please accommodate the below in one bag if possible. For loading and unloading of baggage it's best that everything is in one bag as opposed to lots of smaller bags. If sleeping bags are separate, please don't tie them on to the main bag - just label them with name and keep them separate.

Essential items	Packed	Returned
<b>Daypack packed as per the above</b>		
Waterproof coat		
Waterproof trousers		
Walking boots and/or Wellington boots		
Spare collared T shirt / sweatshirts		
Spare sweater		
Spare Trousers, thick, NOT jeans (jogging bottoms are great) as we walk in the woods (shorts if your child doesn't mind scratches or stings!)		
Spare socks and underwear		
Trainers, comfortable not fashionable		
Hat to protect from sun + warm hat for around campfire		
Comfortable thick socks for walking		
Sleeping Bag + pillowcase		
<b>NO PILLOWS</b>		
Blanket		
Pyjamas / reading book		
Toiletries in a bag or container		
<b>NO AEROSOL DEODORANTS</b>		
Sunscreen and lip salve		
Shower gel/Shampoo (If they want to shower!)		
Sunglasses		
Small towel		
Tissues		
Spare plastic bags for dirty washing		
Torch		
Bag for wet/dirty clothes		

#### Items NOT Required

Money

Mobile phones/Kindles

Expensive cameras

Pillows (If your child would like to bring an inflatable pillow or a pillowcase they can put a jumper in, that is fine, but as all the luggage has to fit in a Land Rover at Camp Kernow to be transported, we can't fit huge amounts in!)

**SWEETS!** (We will have to collect these and give them back on our return if sent)