



**Year Four Residential  
YHA Okehampton Hostel  
14<sup>th</sup> – 16<sup>th</sup> May 2025**



Dear Parents

We are really looking forward to spending the three days and two nights with Year Four on our residential! Please find the details of our trip below, together with information which you may find useful.

**Cost**

The cost for this residential is **£225**, with a **final payment date of 22<sup>nd</sup> April 2025**.

**Day One – school sweatshirts to be worn**

The three-day experience will start on Wednesday 14<sup>th</sup> of May when the children need to arrive at school at 8:30 am for an 9:15 am departure. The children will need to have with them:

- their kit for the stay,
- a packed lunch and drink, which **should not be** packed into a lunch box. No canned drinks or glass bottles please, preferably a litre plastic bottle filled with water. These should be packed in a day rucksack, separate from their clothes.

**Day rucksacks MUST be of the two padded strap variety which will allow the children to carry all they need for a day out in comfort. It is essential that they have both hands free and must not be carrying a bag. Please make sure your child does have this, as children have suffered in the past with very inappropriate bags.**

**Venue and Accommodation**

Nestled within woodlands on the edge of Dartmoor National Park, YHA Okehampton Bracken Tor is set within four acres of landscaped grounds. Ideally situated within walking distance of Okehampton town, with direct access to Dartmoor and the granite way cycle path, the venue is perfect for those looking for a relaxing retreat.

**Programme**

The programme for the three days is as follows:

**Wednesday 14<sup>th</sup> May**

Arrive by coach at centre and unpack. Explore our beautiful surroundings, eat lunch and then an afternoon full of adventurous outdoor activities.

**Thursday 15<sup>th</sup> May**

We will take the train to Exeter and spend the day exploring the city centre. We will visit the museum and the amazing cathedral. We will have lunch at the cathedral, inside if wet, or the cloisters and then head back on the train to the centre for more exciting outdoor activities. In the evening, we will enjoy a film on the large screen.

**Friday 16<sup>th</sup> May**

An opportunity to work with the centre staff for the morning, on problem solving, games and puzzles. Then packing, tidying the centre and back home by coach to you, hoping to be back at school by 3pm.



## Health and Medication

We have up to date information about your child's medical needs. Please let us know of any changes. Should your child need to take regular medication during our visit, there is no problem with this. Please bring your child's medication to school on the morning of the departure. The medication must:

- be labelled clearly with your child's name and dosage.
- be in a suitable container.
- be given to Mrs Banks.
- NOT be packed in luggage or day sack. (Exception to this would be asthma inhalers).

A log will be kept of any medicine administered during the residential.

## Staff

**Group Leader:** Mrs Banks  
**Deputy Leader:** Mrs Winzor  
**First Aider:** Mrs Banks/Mrs Winzor  
**Medication:** Mrs Banks  
**Additional staff:** Mrs Wilson and Mrs Olver

## Food

Always such an essential part of being away from home, good comforting food is a wonderful cure. The menu will be healthy but will also contain lots of treats, and why not?

## Messages

We will keep you up to date with messages and photos on social media throughout our stay, although parents should assume that no news means we are too busy enjoying ourselves to message. Please forgive us!

## Emergencies

In the event of an emergency, either on residential or at home, the contact point will be school. You will not be able to contact us directly, but we will be able to contact you, at all times and will not hesitate to do so should we have any concerns at all.

All members of staff will have a mobile phone and the school will be able to contact us throughout the week.

In the unlikely event that a child has to return home early from residential for reasons such as ill health, we will contact you and arrange the most effective and safe way to get your child home with you. This may mean you need to come and collect them.

## Risk assessments

All the necessary risk assessments have been carried out and the necessary control measures put in place. Every possible care has been and will be taken to ensure that safety comes first.

If you have anything you wish to discuss regarding any aspect of this visit, please come and talk to us.

Thank you.

Yours sincerely

G. Banks H. Winzor

Mrs Banks and Mrs Winzor  
Class Teachers







## YHA Okehampton Hostel Kit List 2025

Most of our activities during this residential will be outdoors and your child could get dirty or wet, so at least two complete changes of clothing is essential. We cannot guarantee good weather therefore we must be prepared for all types of weather. We may be working outside in windy conditions so please bring clothing to cope with the wet and the cold. Remember two thinner layers can be warmer than one thick layer. We may also be working outside in hot dry conditions and so adequate protection from the sun is essential.

For your benefit and our sanity, it would be appreciated if all items are **clearly labelled** with your child's name. **Please pack with your child and not for them.** In previous years, it has worked well when the children's clothes for each day have been placed in separate carrier bags (labelled with the day) within their luggage. This has helped some children to know what they should wear each day. Please remember to include a couple of spare plastic bags for dirty and wet clothes. Thank you.

What To Bring/ Send	
Toiletries / including suncream	
Towel x2	One to be used after canoeing and the other for showers/washes at the centre.
Slippers/ indoor shoes	Children need to have soft shoes/ slippers/ slipper socks for inside the accommodation as no bare feet are allowed.
Spare pair of shoes for outdoor use	Comfortable trainers – not new as they will get wet canoeing!
Pyjamas	Plus, Teddy Bear or favourite cuddly toy.

Day One	<p>The clothing worn must be suitable for a day spent outdoors despite the weather and should be able to get muddy or wet.</p> <ul style="list-style-type: none"> <li>• St Breock jumper or fleece</li> <li>• Comfortable trousers/ shorts</li> <li>• Comfortable t-shirt/ top</li> <li>• Hat</li> <li>• Trainers</li> <li>• Day rucksack with waterproof coat.</li> <li>• Packed lunch which <b>should not be</b> packed into a lunch box</li> <li>• Plastic drinks bottle containing water</li> <li>• Medication</li> </ul>
Day Two	<p>The children will need a suitable outfit for walking around Exeter.</p> <ul style="list-style-type: none"> <li>• Comfortable trousers / shorts</li> <li>• Comfortable t-shirt</li> <li>• Comfortable sweatshirt / top</li> <li>• St Breock jumper or fleece.</li> <li>• Comfortable trainers</li> <li>• Waterproof coat</li> </ul>
Day Three	<p>Children will enjoy outdoor activities in the morning before arriving home.</p> <ul style="list-style-type: none"> <li>• Comfortable trousers/ shorts</li> <li>• Comfortable t-shirt/ top</li> <li>• Hat</li> <li>• Trainers</li> <li>• Waterproof coat</li> </ul>
Clothing	Jumpers, t-shirts, trousers, socks, underwear, waterproof coat, hat, trainers x2

What NOT to Bring / Send
<ul style="list-style-type: none"> <li>• Unnecessary valuables e.g. mobile phones</li> <li>• Denim jeans</li> <li>• Lunch boxes</li> <li>• Clothing without name labels</li> <li>• Bedding</li> </ul>