

# Primary Flashcards September 2023

Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers and





Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers and





# Sweet Chilli Vegetable Stir Fry with Whole Grain Rice and Mixed Salad - KS1





# Sweet Chilli Vegetable Stir Fry with Whole Grain Rice and Mixed Salad - KS2









Mild Chicken Curry with Whole Grain Rice and Green Beans - KS1





Mild Chicken Curry with Whole Grain Rice and Green Beans - KS2





Cheesy Broccoli Pasta Bake with Green







Cheesy Broccoli Pasta Bake with Green Beans -KS2





### Jelly & Fruit Slices - KS1





#### Jelly & Fruit Slices - KS2





# Sausages with Mashed Potatoes and Broccoli with Gravy - KS1





Sausages with Mashed Potatoes and Broccoli with Gravy - KS2





Homemade Cheese and Leek Sausages with Mashed Potatoes, Broccoli and





Homemade Cheese and Leek Sausages with Mashed Potatoes, Broccoli and





Tropical Pineapple Crumble and Custard - KS1

Tropical Pineapple Crumble and Custard



BBQ Drizzle Pizza with Baked Potato Wedges and Peas -K\$1





BBQ Drizzle Pizza with Baked Potato Wedges and Peas -KS2





# Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice and Peas -KS1





# Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice and Peas -KS2







### Orange Cookie - KS2





Golden Fish Fingers with Chips and Baked



Golden Fish Fingers with Chips and Baked Beans - KS2





# Salmon Fingers with Chips and Baked Beans - KS1





Salmon Fingers with Chips and Baked Beans - KS2





Pizza Margherita with Chips and Baked Beans - KS1





Pizza Margherita with Chips and Baked Beans - KS2







All Day Breakfast Brunch Sausage, Egg, Hash Brown and Baked





All Day Breakfast Brunch
Sausage, Egg, Hash Brown and Baked



Beans - KS2

All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Baked





All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Baked





## Banana Sponge Cake and Custard - KS1





## Banana Sponge Cake and Custard - KS2





# Golden Vegetable Fingers with Baked Potato Wedges and Green Salad - KS1





# Golden Vegetable Fingers with Baked Potato Wedges and Green Salad - KS2









# Minced Beef and Onion Pie with Mash and Carrots - KS1





# Minced Beef and Onion Pie with Mash and Carrots - KS2





# Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash and Carrots - KS1





# Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash and Carrots - KS2





# **Apple Crumble and Custard - KS1**



Chicken Chow Mein (Noodles) and Sweetcorn - KS1





Chicken Chow Mein (Noodles) and Sweetcorn - KS2





# Mexican Bean Wrap with Whole Grain Rice and Sweetcorn - KS1





# Mexican Bean Wrap with Whole Grain Rice and Sweetcorn - KS2





# Orange Jelly - KS1





# Orange Jelly - KS2





# Cheesy Sweetcorn Pizza with Chips and Baked Beans - KS1





Cheesy Sweetcorn Pizza with Chips and Baked Beans - KS2





# Hot Dog with Baked Potato Wedges and Green Beans - KS1





# Hot Dog with Baked Potato Wedges and Green Beans - KS2





Vegetarian Shepherd's Pie and Green Beans - KS1





Vegetarian Shepherd's Pie and Green Beans - KS2





# Watermelon Wedge - KS1



Tomato & Roasted Vegetable Pasta Bake and Broccoli - KS1





Tomato & Roasted Vegetable Pasta Bake



### **Chocolate Crunch and Custard - KS1**



### Chocolate Crunch and Custard - KS2



Roast Gammon with Roast Potatoes, Carrots and Gravy - KS1





Roast Gammon with Roast Potatoes, Carrots and Gravy - KS2





### Baked Mac n Cheese and Carrots - KS1



### Baked Mac n Cheese and Carrots - KS2







# Oaty Apple Crunch Slice - KS2

Veggie Supreme Pizza with Baked Potato Wedges and Peas - KS1





Veggie Supreme Pizza with Baked Potato Wedges and Peas - KS2





## Strawberry Jelly - KS1





## Strawberry Jelly - KS2





Golden Vegetable Fingers with Chips and **Baked Beans - KS1** 

Golden Vegetable Fingers with Chips and Baked Beans - KS2

# Golden Vegetable Fingers with Baked Potato Wedges and Green Salad - KS1





Golden Vegetable Fingers with Baked Potato Wedges and Green Salad - KS2





### Pasta with Homemade Tomato Sauce - KS1



#### Pasta with Homemade Tomato Sauce - KS2



Pasta with Homemade Tomato Sauce with Cheese- KS1





Pasta with Homemade Tomato Sauce with Cheese - KS2





Crispy Skin Jacket Potatoes with Cheese - KS1





Crispy Skin Jacket Potatoes with Cheese - KS2





Crispy Skin Jacket Potatoes with Beans - KS1





Crispy Skin Jacket Potatoes with Beans - KS2



