



Pupil Challenge 11

Figure of 8 double active challenge

Put 2 markers down 3 metres apart and run the figure of 8 as many times as you can in 30 seconds.

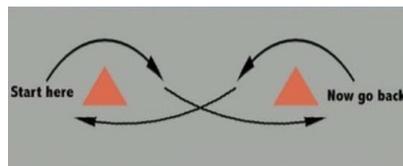


Figure of 8 stationary legs wide apart and feet flat on the floor. How many times can you pass the ball around your legs in a figure of 8 in 30 seconds.



Send your entries to pc@stbreock.org.uk no later than Sunday 7th of March

In order to get some Pupil Challenge Points.

Good luck